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How books impact on child development

According to the Centres for Disease Control and Prevention, “Healthy development means that children of all abilities, including those with special health care needs, are able to grow up where their social, emotional and educational needs are met”. It is also important for future adulthood and has an effect on the adult they will become. Just as Martha Crippa says in her article “The Value of Children’s Literature” that “Children are very impressionable during the formative years, and children’s literature can help them develop into caring, intelligent, and friendly people.” There are many books that are suitable for children to read. For example, *Be Who You Are* by Todd Parr and *The Grouchy Ladybug* by Eric Carle. These two books help children to develop in many areas such as emotional, behavioral, and social.

The first book I would like to talk about is “Be who you are”. It is written by Todd Parr. It is a book that tells young kids to be who they are and don’t change yourself because of what others say and judge you. It encourages children to be proud of who they are no matter where you come from, what your skin color is, and what you wear. This book plays a huge role in child development. It helps children understand that everyone is unique and special in their own way and teaches children to respect each other even though they have different appearances and culture from us. The book also encourages kids to share and express their feelings. This helps children to develop good mental health. Moreover, children can develop a healthy sense of

self-esteem from the book. I really recommend children to read this book because it teaches important lessons that children have to learn in order to be a good person when they grow up and helps children to maintain good mental health.

The second book is “The Grouchy Ladybug” by Eric Carle. This is the story of a grouchy ladybug who wants to pick a fight with a friendly ladybug for aphids but it decides that the friendly ladybug is too small to fight. The grouchy ladybug then travels around to search for larger animals to fight but complains that they are not big enough to fight. Each time the animals get bigger and bigger until it encounters the whale. The whale does not answer the ladybug and hits it with its tail and sends the ladybug back where it came from. The friendly ladybug offers some aphids to the hungry, wet, and tired ladybug. The grouchy ladybug accepts the food because it is too hungry. This book shows people who are mean don’t get what they want. It teaches children that sharing is an important life skill. It is something children need to learn to make and keep friends, and play cooperatively with each other. This assists children to develop a good personality trait which allows them to get along with each other in the future. Therefore, just as Martha Crippler says in her article “The Value of Children’s Literature” that “children literature fosters personality and social development. Children can also learn concepts of size comparison and telling time from the book. This helps children with their cognitive and mathematical skills. Overall, I think this is a great book that can teach children moral lessons that they can apply as they grow up. The writer also did a great job on the color of the illustration. The color is eye-catching and colorful which attract children to keep their eyes on the page.

Books play a critical role in child development. For example, "The Grouchy Ladybug" and "Be who you are". Contents in these two books are easy to understand that help children

with their educational, mental, social, and communication development. These two books not only contain materials that can help with child development, but also contain colorful and vivid pictures that attract young kids to read.